



FUNCTIONAL
FAMILY THERAPY
CHILD WELFARE

FFT Child Welfare (CW) for High Risk Teams of 3-8 therapists

Functional Family Therapy CW Site Certification is a 3-phase process.

FFT sites are responsible for training/consultation fees as reflected in schedules below. The site is also responsible for costs to provide appropriate computer access to run the CSS and for costs related to administering the OQ™45.2, YOQ™2.01 and YOQSR™ (see ordering info below).

Phase 1 FFT Site Certification Training Activities and Services

PHASE 1 of FFT CW Site Certification includes the following training activities and services:

ONE DAY On-Site IMPLEMENTATION/ASSESSMENT TRAINING

This initial visit covers implementation issues for both administration and staff. It includes: a 2-hour overview of best practices and the FFT clinical model for referral agents, stakeholders, funders, and agency staff. Additional time is spent in addressing site-specific implementation challenges (i.e.— referral criteria, referral process, integration of services, working w/ referral agents, supervision, computers etc.). The FFT CW team of clinicians is trained in the FFT Clinical Service System, including use of FFT software and assessment protocols.

TWO DAY On-Site CLINICAL TRAINING:

This on-site introduction covers the core constructs, phases, assessment, and intervention techniques of FFT. Didactic materials include handouts and videotape examples.

ONGOING TELEPHONE CONSULTATION

Each team receives group telephone consultation 1 hour per week. Supervision focuses particularly on individual cases and model adherence.

TWO-DAY On-Site FOLLOW-UPS: (Three Total per site)

The three on-site follow-up training sessions, each of two days in duration, represent more specific focus on phases and implementation issues and processes.

EXTERNSHIP

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For Information contact Holly DeMaranville at 206-369-5894 or at hollyfft@comcast.net

This intensive, hands on, training experience with actual clients includes supervision from behind the mirrored window. The externship consists of three separate training experiences for three consecutive months. The therapist expected to be trained in Phase Two as the on-site FFT supervisor typically attends this training.

CLINICAL SERVICES SYSTEMS (CSS)

The clinical services system represents a web-based application developed and provided by FFT Inc. to support and guide therapists in organizing and adhering to the model. The system includes progress notes, assessment instruments, support and monitoring forms and a reports section that identifies family changes and outcomes.

THREE 1.5 HOUR DATA CONSULTATION CONFERENCE CALLS:

FFT-CW sites will receive three 1.5 hour phone consultation meetings to review data. This consultation will utilize CSS reports at the therapist, case, and team level. Focus will be on meeting Implementation and Model Fidelity standards. Larger system expectations around data will be considered. Participants in this meeting will include the FFT National Consultant, FFT National Supervisor, the Site Administrator, and the Site Lead/Supervisor. Meeting will occur tri-yearly, preferably before scheduled FFT Follow up Trainings.

TOTAL \$36,000.00**

**These costs do not include airfare, lodging, meals, rental cars, cabs; any expenses related to the trainers, supervisors or externs travel. Fees do not include assessment or local computer requirements for CSS. Costs are subject to periodic change.

FFT Phase 1 ESTIMATED TRAVEL EXPENSE COSTS (note: these costs are in addition to FFT training fees identified on page 2)

Phase One / Year One

ONE DAY IMPLEMENTATION/CSS-ASSESSMENT TRAINING

R/T Airfare	\$600.00
Lodging (1 night @ 250.00 per night)	\$250.00
Local Transportation (2 day)	\$150.00
Meals (per-diem) 1 training days	\$42.00
Parking (Trainer parking at home airport-2 days)	<u>\$40.00</u>
Sub Total	\$1,082.00

TWO DAY CLINICAL TRAINING:

R/T Airfare	\$600.00
Lodging (2 nights @ 250.00 per night)	\$500.00
Local Transportation (3 days)	\$225.00
Meals (per-diem) 2 training days	\$84.00
Parking (Trainer parking at home airport-3 days)	<u>\$60.00</u>

	Sub Total	\$1469.00
2-DAY FOLLOW-UP TRAININGS (3 in year one)		
R/T Airfare (fr. Nat'l Consultant home x 3)		\$1800.00
Lodging (6 nights 250.00 per night)		\$750.00
Local Transportation (6 days)		\$450.00
Meals (per-diem)2 training days x 3 = 6 days total		\$252.00
Parking (Trainer parking at home airport)		<u>\$100.00</u>
	Sub Total	\$3,352.00
INTERNSHIP		
Airfare		\$1800.00
Lodging (8 nights 250.00 per night)		\$2,000.00
Meals		\$336.00
Local Transportation		<u>\$100.00</u>
	Sub Total	\$4,236.00
Estimated Travel Total		\$10,139.00

Phase 2 FFT Site Certification Training Activities and Services

PHASE 2 of FFT CW Site Certification includes the following training activities and services:

FFT SITE LEAD/SUPERVISOR TRAINING

This intensive, hands on, training experience focuses on clinical supervision techniques for FFT on-site clinical supervisors who have met criteria of caseload, completion of phase one FFT training, and education as part of an FFT certified site. Training consists of 2 separate visits for two days each to an off site location.

ON-SITE FFT SUPERVISOR PHONE CONSULTATION

Two times per month for one hour each, on-site FFT supervisors receive phone consultation to assist in providing the certified site clinical consultation on cases and on-going focus on the FFT model.

ONE-DAY ON-SITE FOLLOW-UP TRAINING:

FFT consultant will come on site once during the year to consult with the site supervisor and team.

SUPERVISOR and THERAPIST ACCESS TO THE FFT CLINICAL SERVICES SYSTEM

Supervisors are given access to adherence – competency measures in the FFT CSS web-based system. Therapists are provided ongoing access to the CSS system.

TWO 1.5 HOUR DATA CONSULTATION CONFERENCE CALLS:

FFT-CW sites will receive two 1.5 hour phone consultation meetings to review data in Phase 2. This consultation will utilize CSS reports at the therapist, case, and team level. Focus will be on meeting Implementation and Model Fidelity standards. Larger system expectations around data will be considered. Participants in this meeting will include the FFT National Consultant, FFT National Supervisor, the Site Administrator, and the Site Lead/Supervisor. Meeting will occur bi-yearly, with the date set by

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TOTAL \$18,000.00**

Phase 3 and On-Going FFT Site Certification Training Activities and Services

On-going FFT Site Certification includes the following annual training activities and services:

ON-SITE ONE-DAY FOLLOW-UP TRAINING:

FFT will provide a one day on site follow up training for the site supervisor and team to discuss and work on adherence and fidelity using the CSS reports as well as any issues the site may have.

MONTHLY HOUR LONG PHONE CONSULTATION WITH THE LOCAL FFT SUPERVISOR

SUPERVISOR and THERAPIST ACCESS TO THE FFT CLINICAL SERVICES SYSTEM

Supervisors are given access to adherence – competency measures in the FFT CSS web-based system. Therapists are provided ongoing access to the CSS system.

ONE 1.5 HOUR DATA COSULTATION CONFERENCE CALLS:

FFT-CW sites will receive one 1.5 hour phone consultation meeting to review data in Phase 3. This consultation will utilize CSS reports at the therapist, case, and team level. Focus will be on meeting Implementation and Model Fidelity standards. Larger system expectations around data will be considered. Participants in this meeting will include the FFT National Consultant, FFT National Supervisor, the Site Administrator, and the Site Lead/Supervisor. Meeting will be scheduled by FFT Consultant and Site Supervisor.

TOTAL \$7,000.00**

**These costs do not include airfare, lodging, meals, rental cars, cabs; any expenses related to the trainers, supervisors or externs travel. Fees do not include assessment or local computer requirements for CSS. Costs are subject to periodic change.

FFT Phase 2 ESTIMATED TRAVEL EXPENSE COSTS

Phase Two / Year Two

SITE SUPERVISOR TRAINING / TWO 2-DAY TRAININGS AT OFF SITE LOCATION

Airfare (\$600 x 2)	\$1,200.00
Lodging (4 nights at \$250.00 night)	\$1,000.00
Meals	\$168.00
Parking	\$50.00
Local Transportation	<u>\$100.00</u>
	\$2,518.00

ONE DAY ON-SITE OR OFF-SITE TRAINING

Airfare	\$600.00
Meals	\$42.00
Parking	\$10.00
Lodging (one night)	\$250.00
Local Transportation	<u>\$50.00</u>
	\$952.00

Estimated Total \$3,470.00

FFT Phase 3 ESTIMATED TRAVEL EXPENSE COSTS

Phase Three / Annual

ONE DAY ON-SITE TRAINING

Airfare	\$600.00
Meals	\$42.00
Parking	\$20.00
Lodging (one night)	\$250.00
Local Transportation	<u>\$50.00</u>

Estimated Total \$962.00

FFT COMPUTER REQUIREMENTS FOR THE CLINICAL SERVICES SYSTEM

Individual and program level outcomes are tracked through the FFT Clinical Services Systems (CSS). The FFT-CSS is a web-based application that supports and guides therapists and supervisors to organize around and adhere to the FFT model. Sites must provide each FFT therapist with on-going computer and internet access (Internet Explorer 6.0 or above) so they can use progress notes and the other assessment instruments that are utilized during the course of an FFT intervention.

For additional information contact the FFT Communications Manager at 206-369-5894.

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CLINICAL ASSESSMENTS USED WITH FFT

During the course of Functional Family Therapy, therapists administer a number of different assessments both pre- and post-therapy to various family members who are participating in FFT. While many of the assessments have been developed by FFT, we also utilize three specific instruments that sites **must** purchase and have on-site **prior** to the beginning of site certification training. Assessments are: the OQ-45.2, the Y-OQ2.01 and YOQ SR. FFT therapists will administer these assessments to all families as described during on-site CSS training and in the FFT/CSS Manual.

Assessment Ordering Information

OQ-45.2 and two **YOQ** instruments– FFT sites should only order the paper version of these assessments, see info below.

Their phone is 1-888-MHSCORE = 1-888-647-2673 (they will answer as OQ Measures), or you can e-mail them at: office@oqmeasures.com, or find order forms for the paper & pencil products at www.oqfamily.com. You can also write to them at:

OQ Measures
P.O. Box 521047
Salt Lake City, Utah
84152